

# Women's

## GRACE BAG NEEDS

*"...that we may receive mercy & find grace to help in time of need." - Hebrews 4:16*

### GRACE BAG CHECKLIST:

- Duffel, Large Purse or Backpack (new/excellent condition)
- Shampoo & Conditioner\*
- Comb & Brush
- Toothbrush & Toothpaste
- Disposable Razors
- Body Wash\* & Bath Pouf
- Women's Deodorant
- Sanitary Pads or Tampons
- Lotion\*
- Lip Balm
- Pen & Small Notebook
- Chocolate
- 2-Year Pocket Calendar

### GOING ABOVE & BEYOND:

- Shave Gel
- Make up / Beauty Products
- Cozy Socks
- Monetary donation or Walmart Gift Card—  
keep this separate from the bag, so it can be used for those in most need.
- Devotional
- Card (do not include last name or home address)

\* Seal all liquids inside a Ziploc bag in case of leaks.

### INSTRUCTIONS:

- Create a complete bag or donate individual items for us to put together. Items in bulk can be divided up among many bags.
- Don't forget to put liquids in Ziploc bags.
- Remember to keep gift cards/monetary donations separate. Checks should be made payable to LTM & can be given directly, through our website, or sent to:  
LTM | PO Box 29 | Coatesville, PA 19320  
\* Please be sure to write "New Mornings" in the check's memo line or designate to us online.
- Once ready to donate, make arrangements with someone from Life Transforming Ministries/New Mornings or contact Michelle Manthey, Prison Ministry Coordinator, at mmanthey@quietrevolution.org or 610.384.5393 to set up a drop off time.

*Thank you for showing God's grace in this practical way!*

# Men's

## GRACE BAG NEEDS

*"...that we may receive mercy & find grace to help in time of need." - Hebrews 4:16*

### GRACE BAG CHECKLIST:

- Backpack (new/excellent condition)
- Shampoo & Conditioner\*
- Comb
- Toothbrush, Toothbrush Cover & Toothpaste
- Disposable Razors & Shaving Cream
- Soap or Body Wash\* & Bath Pouf
- Men's Deodorant
- Undershirts (L or XL)
- Gym Socks (2-3 pairs)
- Lip Balm
- Pen & Small Notebook
- Chocolate
- 2-Year Pocket Calendar

### GOING ABOVE & BEYOND:

- Men's Boxers (med, large, XL)
- Inexpensive Watch (new/used)
- Flash Drive(s)—helpful when creating a resume
- Monetary donation** or Walmart Gift Card for clothes—keep these separate from bag.
- Devotional
- Card (do not include last name or home address)

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